



CHOP TALK

HONOR

BENEVOLENCE

COURAGE



Merry Christmas
Happy New Year!

To celebrate the holiday, we will be
CLOSED from Saturday, December 22nd,
through Tuesday, Jan 1st.

We will re-open Wednesday, Jan. 2nd so
you can work off all of the Holiday
goodies you feasted on!

You are **welcome to make up** any missed
classes during the months of Dec or Jan.



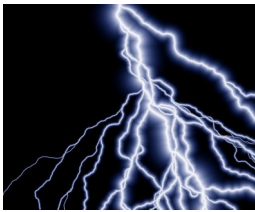
MAI's Buddy Months

This is the last month of our special VIP Buddy Months. That's right!
Our favorite VIPs (you and your family and friends) may train with us
for 1 month as our guest. That's right, 1 month absolutely **FREE!**

The holidays are a time of giving and that's why we want to give you an
opportunity to bring in all of those people you know who would like to
try Karate or Adult Krav Maga / MMA but are a little shy to sign up.
Bring in your "buddy" anytime between now and the end of the year for
their

COMPLIMENTARY ONE MONTH OF CLASSES.

DECEMBER'S
BLACK BELT
QUALITY IS:



POWER

BBE

Special Seminar

A special training event for our students in BBE takes
place on **Monday**, December 10th at 7:00pm.
Sensei Butler will be teaching Kung Fu techniques.

This special event is free for BBE members. If you
are purple/white belt or above and would like to know
more about these special programs, please see Sensei
Manos or staff at the front desk.



Backwards Day...

Time for a little fun!

Saturday, December 8th is our
BACKWARDS day! Wear your hair,
Gi, Belt etc. **BACKWARDS.**

Annual "BACKWARDS" Karate. Come have
fun with us!

A MOMENT OF GRATITUDE



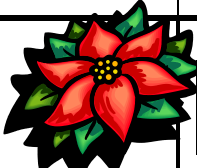
As we approach the end of the year it is
important to look back on all of the great
success we have had the last twelve
months. This has been a great year for
MAI Anaheim and we want to say "Thank
You" to all of you who have contributed to
our success. So many of the events that
have taken place could not have happened if we didn't
have the help of our training families. We have really
appreciated all of you who have volunteered at events
that would have been a lot to handle by ourselves. Of
course, we would also like to extend our thanks to all of
our members for their patronage. Thank you for your
continued efforts to help our training family grow. May
you all be blessed with the warmth of the holidays and
have a wonderful New Year. Cheers to a great 2019 !

Season's Greetings

THIS MONTH AT THE DOJO...

- BUDDY MONTH CONTINUES
- BACKWARDS DAY-DEC. 8TH
- BBE SEMINAR - MON, DEC. 10TH, 7:00PM (SENSEI BUTLER, TEACHING KUNG FU TECHNIQUES)
- SPECIAL JEDI TRAINING -JAN 19TH, 6-9 -SIGN UP SOON!

December 2018—MAICHAMPIONS.COM

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|-------------------------------|--|--|
| | | | | | | 1 Regular Classes FREE Tutoring @ 10:30 |
| 2 Special BBE class 7:00pm with Sensei Butler Teaching Kung Fu | 3 Katas & Conditioning Black Belt Skills Sheet Distributed | 4 Katas & Conditioning | 5 Requirements | 6 Requirements | 7 Open for Private Lessons Only | 8 Regular Classes & Backwards Day (see front) |
| 9 | 10 Requirements BBE: Nunchaku BBA: Bo | 11 Requirements BBE: Nunchaku BBA: Bo | 12 Grappling & Sparring Black Belt Skills Sheets Due | 13 Grappling & Sparring | 14 Open for Private Lessons Only | 15 Regular Classes FREE Tutoring @ 10:30 |
| 16 | 17 Bar Testing | 18 Bar Testing | 19 Bar Testing | 20 Bar Testing | 21 Happy Holidays from the Staff at Martial Arts International—Dojo Closed till 1/2 | 22 |
| | 24 | 25 | 26 | 27 | 28 | 29 |
|  <p>Happy New Year! — Dojo Closed, you are welcome to make up any missed classes in December or January.</p> | | | | | | |

| Times | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------|--|---|--|---|---|---|
| 3:45 | | Lil Dragons-KIDS White thru Orange KIDS | | Lil Dragons-KIDS White thru Orange KIDS | PRIVATE INSTRUCTION BY APPOINTMENT | |
| 4:00 | Green/White thru Blue/Black-KIDS | | Green/White thru Blue/Black-KIDS | | | 9:00– 9:45am Green/White thru Brown/Black -KIDS |
| 4:15 | | Green/White thru Blue/Black-KIDS | | Green/White thru Blue/Black-KIDS | | 9:45-10:30 White thru Purple KIDS |
| 4:30 | Lil Dragon-KIDS | Brown-KIDS | Lil Dragon-KIDS | Brown-KIDS | | |
| 4:45 | White thru Orange KIDS | | White thru Orange KIDS | | | |
| 5:15 | | Purple/White thru Purple-KIDS | | Purple/White thru Purple-KIDS | | |
| 5:30 | Purple/White thru Purple-KIDS Brown-KIDS | | Purple/White thru Purple-KIDS Brown-KIDS | | | |
| 6:00 | | Lil Dragon-KIDS White thru Orange KIDS <u>ADULT: White-Purple</u> | | Lil Dragon-KIDS White thru Orange KIDS <u>ADULT: White-Purple</u> | | |
| 6:15 | Lil Dragon-KIDS White thru Orange KIDS Green/White thru Blue/Black KIDS | | Lil Dragon-KIDS White thru Orange KIDS Green/White thru Blue/Black KIDS | | | 10:30-11:00 Open Mat Black Belt Prep Class |
| 6:45 | | <u>ADULT Karate</u> Green/White-Brown | | <u>ADULT Karate</u> Green/White-Brown | | 11:30-12:15 Basic Trick Kicking Class |
| 7:00 | | | SWAT 7:00-8:00 | | | 12:00-1:00 Advanced Trick Kicking Class |
| 7:30 | | <u>7:30-Black Belts ONLY</u> | | <u>7:30-Black Belts ONLY</u> | | |