



Anaheim Hills, Placentia, Yorba Linda - Adults Class Schedule

Krav Maga

Monday and Wednesday: 7:00 p.m. to 7:45 p.m. (Level I)

Tuesday and Thursday: 6:15 p.m. to 7:00 p.m. (Level I and II)

Tuesday and Thursday: 7:00 p.m. to 7:45 p.m. (Advanced Adults Only)

Saturday: 9:30 a.m. to 10:30 a.m. (Level I and II)

Saturday: 10:30 a.m. to 11:15 a.m. (Advanced Adults Only)

Fight Conditioning

Tuesday and Thursday: 7:00 p.m. to 8:00 p.m.

Saturday: 10:30 a.m. to 11:30 a.m.

Karate White through Solid Purple Belts

Monday and Wednesday: 7:00 p.m. to 7:45 p.m.

Tuesday and Thursday: 6:00 p.m. to 6:45 p.m.

Karate All Green, Blue, Red and Brown Belts

Monday and Wednesday: 7:45 p.m. to 8:30 p.m.

Tuesday and Thursday: 6:45 p.m. to 7:30 p.m.

Karate Black Belts

Monday and Wednesday: 7:45 p.m. to 8:30 p.m.

Tuesday and Thursday: 7:30 p.m. to 8:30 p.m.